What Are the Effects of Psoriasis?

by NEWLIFEOUTLOOK TEAM

Facts about Psoriasis

Research shows that if you have psoriasis and experience depression or if you find it affects your self-esteem, just talking about it to others can help. This is especially true if you talk to others who have psoriasis as well and can understand your experiences and your thoughts. It will be difficult to get help at first, but reaching out will likely be the hardest part. Also, avoid bringing yourself down. If you find that you’re having negative thoughts about yourself, focus on one element of you that you really like. You should focus on one characteristic of your personality and one part of your body image. If you can’t think about anything positive, you should definitely seek help from a psychologist or therapist.
PSORIASIS: AN INCURABLE CHRONIC SKIN DISEASE

MORE THAN 125 MILLION PEOPLE ARE AFFECTED WORLDWIDE

Up to 3% of the world's population is living with psoriasis. More than 1/3 of patients with plaque psoriasis suffer from its moderate-to-severe form.

EFFECTS ON QUALITY OF LIFE

The effect of psoriasis on patients' quality of life is similar to diseases such as cancer (symptoms), heart attack, arthritis, type 2 diabetes, and depression. A number of international studies also demonstrate that people with more severe forms of psoriasis have a significantly reduced life expectancy.

75% FELT UNATTRACTIVE
54% FELT DEPRESSED
31% HAD FINANCIAL DISTRESS
8% ARE RESTRICTED TO WORKING AT HOME

TREATMENT FAILURE

Approximately 40 to 80% of people with moderate to severe plaque psoriasis report dissatisfaction with existing treatments, indicating the need for new effective therapies.

PSORIATIC ARTHRITIS

30% of patients are affected

CO-MORBIDITIES

DEPRESSION
DIABETES
PSORIATIC ARTHRITIS
HEART DISEASE

References: